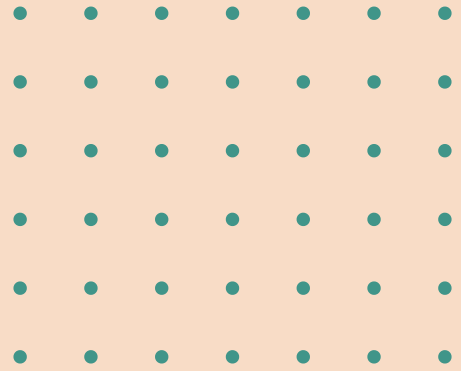


# DECLUTTERING

## *Prompts*



- Is it useful? Is it something I use?
- Does it currently serve a purpose?
- When was the last time I used it?
- Would I buy this again today?
- Do I have similar items / duplicates? Do I need multiples?
- Does this item make my life easier?
- Have I tried to get rid of this item in the past?
- Do I need more space for new items?
- Can this item be replaced if necessary?
- Does the item still fit?
- Is it in good condition?
- Does it make me feel good when I wear it?
- What kind of maintenance does this item require?
- Does this item remind me of a negative time / experience?